

Search for **thistle** found 160 matches:

[Carduus sp.](#)

**Thistle**; Asteraceae

Luiseno Food (Unspecified)

Raw buds eaten for food.

Sparkman, Philip S. 1908 The Culture of the Luiseno Indians. University of California Publications in American Archaeology and Ethnology 8(4):187-234 (p. 228)

---

[Carduus sp.](#)

**Thistle**; Asteraceae

Luiseno Food (Vegetable)

Plant used as greens.

Sparkman, Philip S. 1908 The Culture of the Luiseno Indians. University of California Publications in American Archaeology and Ethnology 8(4):187-234 (p. 228)

---

[Centaurea americana Nutt.](#)

American Star **Thistle**; Asteraceae

Kiowa Drug (Dermatological Aid)

Poultice of leaves applied to skin sores.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

[Centaurea melitensis L.](#)

Maltese Star **Thistle**; Asteraceae

Mahuna Drug (Kidney Aid)

Plant used for the kidneys.

Romero, John Bruno 1954 The Botanical Lore of the California Indians. New York. Vantage Press, Inc. (p. 69)

---

[Cirsium altissimum \(L.\) Hill](#)

Tall **Thistle**; Asteraceae

Cherokee Drug (Analgesic)

Infusion of leaves taken for neuralgia.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

[Cirsium altissimum \(L.\) Hill](#)

Tall **Thistle**; Asteraceae

Cherokee Drug (Gastrointestinal Aid)

Warm infusion of roots taken to help person who overeats.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Cirsium altissimum (L.) Hill**

Tall **Thistle**; Asteraceae

Cherokee Drug (Poultice)

Roots used as poultice and decoction of bruised plant used to poultice sore jaw.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Cirsium altissimum (L.) Hill**

Tall **Thistle**; Asteraceae

Cherokee Other (Hunting & Fishing Item)

Down used as the tail for blow darts.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Abnaki Drug (Anthelmintic)

Used as a vermifuge.

Rousseau, Jacques 1947 Ethnobotanique Abenakise. Archives de Folklore 11:145-182 (p. 155)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Abnaki Drug (Anthelmintic)

Decoction of roots used by children for worms.

Rousseau, Jacques 1947 Ethnobotanique Abenakise. Archives de Folklore 11:145-182 (p. 173)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Abnaki Drug (Pediatric Aid)

Decoction of roots used by children for worms.

Rousseau, Jacques 1947 Ethnobotanique Abenakise. Archives de Folklore 11:145-182 (p. 173)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Iroquois Drug (Oral Aid)

Infusion of roots used for mouth sickness.

Rousseau, Jacques 1945 Le Folklore Botanique De Caughnawaga. Contributions de l'Institut botanique l'Universite de Montreal 55:7-72 (p. 63)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Mohegan Drug (Oral Aid)

Infusion of leaves used as a mouthwash for infants.

Tantaquidgeon, Gladys 1972 Folk Medicine of the Delaware and Related Algonkian Indians. Harrisburg. Pennsylvania Historical Commission Anthropological Papers #3 (p. 71, 128)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Mohegan Drug (Pediatric Aid)

Infusion of leaves used as a mouthwash for infants.

Tantaquidgeon, Gladys 1972 Folk Medicine of the Delaware and Related Algonkian Indians. Harrisburg. Pennsylvania Historical Commission Anthropological Papers #3 (p. 71, 128)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Mohegan Drug (Pulmonary Aid)

Plant used for lung trouble.

Tantaquidgeon, Gladys 1972 Folk Medicine of the Delaware and Related Algonkian Indians. Harrisburg. Pennsylvania Historical Commission Anthropological Papers #3 (p. 128)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Mohegan Drug (Tuberculosis Remedy)

Decoction of plant taken for consumption.

Tantaquidgeon, Gladys 1928 Mohegan Medicinal Practices, Weather-Lore and Superstitions. SI-BAE Annual Report #43: 264-270 (p. 269)

---

**Cirsium arvense (L.) Scop.**

Canadian **Thistle**; Asteraceae

Montagnais Drug (Tuberculosis Remedy)

Decoction of plant used for consumption.

Speck, Frank G. 1917 Medicine Practices of the Northeastern Algonquians. Proceedings of the 19th International Congress of Americanists Pp. 303-321 (p. 314)

---

[\*\*Cirsium arvense \(L.\) Scop.\*\*](#)

Canadian **Thistle**; Asteraceae

Montagnais Drug (Tuberculosis Remedy)

Decoction of plant taken for consumption.

Tantaquidgeon, Gladys 1928 Mohegan Medicinal Practices, Weather-Lore and Superstitions. SI-BAE Annual Report #43: 264-270 (p. 269)

---

[\*\*Cirsium arvense \(L.\) Scop.\*\*](#)

Canadian **Thistle**; Asteraceae

Ojibwa Drug (Gastrointestinal Aid)

Plant used as a "bowel tonic."

Smith, Huron H. 1932 Ethnobotany of the Ojibwe Indians. Bulletin of the Public Museum of Milwaukee 4:327-525 (p. 364)

---

[\*\*Cirsium brevistylum Cronq.\*\*](#)

Clustered **Thistle**; Asteraceae

Cowichan Food (Unspecified)

Large taproots peeled and eaten raw or cooked.

Turner, Nancy Chapman and Marcus A. M. Bell 1971 The Ethnobotany of the Coast Salish Indians of Vancouver Island, I and II. Economic Botany 25(1):63-104, 335-339 (p. 81)

---

[\*\*Cirsium brevistylum Cronq.\*\*](#)

Clustered **Thistle**; Asteraceae

Hesquiat Food (Unspecified)

Flower heads chewed to get the nectar.

Turner, Nancy J. and Barbara S. Efrat 1982 Ethnobotany of the Hesquiat Indians of Vancouver Island. Victoria. British Columbia Provincial Museum (p. 61)

---

[\*\*Cirsium brevistylum Cronq.\*\*](#)

Clustered **Thistle**; Asteraceae

Saanich Food (Unspecified)

Large taproots peeled and eaten raw or cooked.

Turner, Nancy Chapman and Marcus A. M. Bell 1971 The Ethnobotany of the Coast Salish Indians of Vancouver Island, I and II. Economic Botany 25(1):63-104, 335-339 (p. 81)

---

[\*\*Cirsium brevistylum Cronq.\*\*](#)

Clustered **Thistle**; Asteraceae

Nitinaht Fiber (Clothing)

Down spun with yellow cedar inner bark and used for baby clothing.

Turner, Nancy J., John Thomas, Barry F. Carlson and Robert T. Ogilvie 1983 Ethnobotany of the Nitinaht Indians of Vancouver Island. Victoria. British Columbia Provincial Museum (p. 97)

---

**Cirsium brevistylum Cronq.**

Clustered **Thistle**; Asteraceae

Nitinaht Other (Protection)

Leaves or roots dried and placed around the house for protection from evil influences.

Turner, Nancy J., John Thomas, Barry F. Carlson and Robert T. Ogilvie 1983 Ethnobotany of the Nitinaht Indians of Vancouver Island. Victoria. British Columbia Provincial Museum (p. 97)

---

**Cirsium brevistylum Cronq.**

Clustered **Thistle**; Asteraceae

Saanich Other (Protection)

Sharp leaves placed in bathwater for protection from evil spirits, particularly before feasts.

Turner, Nancy Chapman and Marcus A. M. Bell 1971 The Ethnobotany of the Coast Salish Indians of Vancouver Island, I and II. Economic Botany 25(1):63-104, 335-339 (p. 81)

---

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**

Cainville **Thistle**; Asteraceae

Hopi Drug (Anthelmintic)

Plant used as a worm remedy.

Whiting, Alfred F. 1939 Ethnobotany of the Hopi. Museum of Northern Arizona Bulletin #15 (p. 34, 95-96)

---

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**

Cainville **Thistle**; Asteraceae

Hopi Drug (Dermatological Aid)

Plant used for itching.

Whiting, Alfred F. 1939 Ethnobotany of the Hopi. Museum of Northern Arizona Bulletin #15 (p. 32,95,96)

---

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**

Cainville **Thistle**; Asteraceae

Hopi Drug (Laxative)

Plant used as a laxative.

Whiting, Alfred F. 1939 Ethnobotany of the Hopi. Museum of Northern Arizona Bulletin #15 (p. 34, 95-96)

---

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**

Cainville **Thistle**; Asteraceae

Hopi Drug (Throat Aid)

Decoction of plant used for tickling throat caused by a cold.

Whiting, Alfred F. 1939 Ethnobotany of the Hopi. Museum of Northern Arizona Bulletin #15 (p. 34, 95-96)

---

**Cirsium calcareum (M.E. Jones) Woot. & Standl.**

Cainville **Thistle**; Asteraceae

Navajo, Ramah Drug (Eye Medicine)

Cold infusion of root used as a wash for sore eyes.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

**Cirsium occidentale var. californicum (Gray) Keil & C. Turner**

California **Thistle**; Asteraceae

Kawaiisu Food (Unspecified)

Spring stems skinned and eaten raw.

Zigmond, Maurice L. 1981 Kawaiisu Ethnobotany. Salt Lake City. University of Utah Press (p. 20)

---

**Cirsium congdonii Moore & Frankton**

Rosette **Thistle**; Asteraceae

Kawaiisu Food (Unspecified)

Spring stalks peeled and eaten raw.

Zigmond, Maurice L. 1981 Kawaiisu Ethnobotany. Salt Lake City. University of Utah Press (p. 20)

---

**Cirsium discolor (Muhl. ex Willd.) Spreng.**

Field **Thistle**; Asteraceae

Cree Drug (Dermatological Aid)

Poultice of root paste applied to linen cloths and bound to the wound.

Beardsley, Gretchen 1941 Notes on Cree Medicines, Based on Collections Made by I. Cowie in 1892.. Papers of the Michigan Academy of Science, Arts and Letters 28:483-496 (p. 490)

---

**Cirsium discolor (Muhl. ex Willd.) Spreng.**

Field **Thistle**; Asteraceae

Iroquois Drug (Dermatological Aid)

Compound decoction of roots taken or poultice of roots applied to boils.

Herrick, James William 1977 Iroquois Medical Botany. State University of New York, Albany, PhD Thesis (p. 475)

---

[\*\*Cirsium discolor \(Muhl. ex Willd.\) Spreng.\*\*](#)

Field **Thistle**; Asteraceae

Iroquois Drug (Hemorrhoid Remedy)

Compound decoction of plants taken for piles.

Herrick, James William 1977 Iroquois Medical Botany. State University of New York, Albany, PhD Thesis (p. 475)

---

[\*\*Cirsium discolor \(Muhl. ex Willd.\) Spreng.\*\*](#)

Field **Thistle**; Asteraceae

Meskwaki Drug (Analgesic)

Infusion of root used for stomachaches.

Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 213)

---

[\*\*Cirsium discolor \(Muhl. ex Willd.\) Spreng.\*\*](#)

Field **Thistle**; Asteraceae

Meskwaki Drug (Gastrointestinal Aid)

Infusion of root taken for stomachache.

Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 213)

---

[\*\*Cirsium drummondii Torr. & Gray\*\*](#)

Dwarf **Thistle**; Asteraceae

Atsugewi Food (Unspecified)

Young, raw stalks used for food.

Garth, Thomas R. 1953 Atsugewi Ethnography. Anthropological Records 14(2):140-141 (p. 139)

---

[\*\*Cirsium drummondii Torr. & Gray\*\*](#)

Dwarf **Thistle**; Asteraceae

Cahuilla Food (Unspecified)

Bud, at the base of the **thistle**, used for food.

Bean, Lowell John and Katherine Siva Saubel 1972 Temalpakh (From the Earth); Cahuilla Indian Knowledge and Usage of Plants. Banning, CA. Malki Museum Press (p. 55)

---

[\*\*Cirsium drummondii Torr. & Gray\*\*](#)

Dwarf **Thistle**; Asteraceae

Gosiute Food (Unspecified)

Stems formerly used for food.

Chamberlin, Ralph V. 1911 The Ethno-Botany of the Gosiute Indians of Utah. Memoirs of the American Anthropological Association 2(5):331-405. (p. 366)

---

**Cirsium eatonii (Gray) B.L. Robins.**

Eaton's **Thistle**; Asteraceae

Gosiute Drug (Dermatological Aid)

Plant used for wounds, cuts or sores.

Chamberlin, Ralph V. 1911 The Ethno-Botany of the Gosiute Indians of Utah. Memoirs of the American Anthropological Association 2(5):331-405. (p. 349)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Cheyenne Food (Special Food)

Young stems eaten raw as a "luxury food."

Hart, Jeffrey A. 1981 The Ethnobotany of the Northern Cheyenne Indians of Montana. Journal of Ethnopharmacology 4:1-55 (p. 20)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Cheyenne Food (Unspecified)

Tender, spring shoots eaten raw.

Hart, Jeffrey A. 1981 The Ethnobotany of the Northern Cheyenne Indians of Montana. Journal of Ethnopharmacology 4:1-55 (p. 46)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Cheyenne Food (Unspecified)

Peeled stem used for food.

Grinnell, George Bird 1972 The Cheyenne Indians - Their History and Ways of Life Vol.2. Lincoln. University of Nebraska Press (p. 191)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Hoh Food (Vegetable)

Young shoots eaten as greens.

Reagan, Albert B. 1936 Plants Used by the Hoh and Quileute Indians. Kansas Academy of Science 37:55-70 (p. 69)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae



Okanagon Food (Unspecified)

Roots boiled and used for food.

Perry, F. 1952 Ethno-Botany of the Indians in the Interior of British Columbia. Museum and Art Notes 2(2):36-43. (p. 36)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Quileute Food (Vegetable)

Young shoots eaten as greens.

Reagan, Albert B. 1936 Plants Used by the Hoh and Quileute Indians. Kansas Academy of Science 37:55-70 (p. 69)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Thompson Food (Dried Food)

Roots dried and stored for future use.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Thompson Food (Soup)

Dried roots rehydrated, scraped, chopped and cooked in stews.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Thompson Food (Unspecified)

Roots boiled and used for food.

Perry, F. 1952 Ethno-Botany of the Indians in the Interior of British Columbia. Museum and Art Notes 2(2):36-43. (p. 36)

---

**Cirsium edule Nutt.**

Edible **Thistle**; Asteraceae

Thompson Food (Unspecified)

Fresh roots eaten cooked.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany:

Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**[Cirsium hookerianum Nutt.](#)**

White **Thistle**; Asteraceae

Okanagon Food (Unspecified)

Roots boiled and used for food.

Perry, F. 1952 Ethno-Botany of the Indians in the Interior of British Columbia. Museum and Art Notes 2(2):36-43. (p. 36)

---

**[Cirsium hookerianum Nutt.](#)**

White **Thistle**; Asteraceae

Thompson Food (Dried Food)

Roots dried and stored for future use.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**[Cirsium hookerianum Nutt.](#)**

White **Thistle**; Asteraceae

Thompson Food (Dried Food)

Dried roots rehydrated, scraped, chopped and cooked in stews.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**[Cirsium hookerianum Nutt.](#)**

White **Thistle**; Asteraceae

Thompson Food (Unspecified)

Roots boiled and used for food.

Perry, F. 1952 Ethno-Botany of the Indians in the Interior of British Columbia. Museum and Art Notes 2(2):36-43. (p. 36)

---

**[Cirsium hookerianum Nutt.](#)**

White **Thistle**; Asteraceae

Thompson Food (Unspecified)

Deep, thick roots cooked and eaten.

Steedman, E.V. 1928 The Ethnobotany of the Thompson Indians of British Columbia. SI-BAE Annual Report #45:441-522 (p. 480)

---

**Cirsium hookerianum Nutt.**

White **Thistle**; Asteraceae

Thompson Food (Unspecified)

Fresh roots eaten cooked.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium horridulum Michx.**

Yellow **Thistle**; Asteraceae

Houma Drug (Dermatological Aid)

Infusion of leaves and root in whiskey recognized as a strong astringent.

Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

---

**Cirsium horridulum Michx.**

Yellow **Thistle**; Asteraceae

Houma Drug (Expectorant)

Infusion of leaf and root in whiskey taken to clear phlegm from lungs and throat.

Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

---

**Cirsium horridulum Michx.**

Yellow **Thistle**; Asteraceae

Houma Drug (Throat Aid)

Infusion of leaves and root in whiskey taken to clear throat and lungs of phlegm.

Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

---

**Cirsium horridulum Michx.**

Yellow **Thistle**; Asteraceae

Houma Food (Unspecified)

Tender, white hearts eaten raw.

Speck, Frank G. 1941 A List of Plant Curatives Obtained From the Houma Indians of Louisiana. Primitive Man 14:49-75 (p. 57)

---

**Cirsium horridulum Michx.**

Yellow **Thistle**; Asteraceae

Seminole Other (Hunting & Fishing Item)

Plant used to make blowgun darts.

Sturtevant, William 1954 The Mikasuki Seminole: Medical Beliefs and Practices. Yale University, PhD Thesis (p. 507)

---

[Cirsium neomexicanum Gray](#)

New Mexico **Thistle**; Asteraceae

Navajo Drug (Febrifuge)

Plant used for chills and fevers.

Elmore, Francis H. 1944 Ethnobotany of the Navajo. Sante Fe, NM. School of American Research (p. 96)

---

[Cirsium neomexicanum Gray](#)

New Mexico **Thistle**; Asteraceae

Navajo, Ramah Drug (Eye Medicine)

Cold infusion of root used as a wash for eye diseases.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

[Cirsium neomexicanum Gray](#)

New Mexico **Thistle**; Asteraceae

Navajo, Ramah Drug (Panacea)

Root used as a "life medicine."

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

[Cirsium neomexicanum Gray](#)

New Mexico **Thistle**; Asteraceae

Navajo, Ramah Drug (Panacea)

Cold infusion of plant taken when one "feels bad all over."

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

[Cirsium neomexicanum Gray](#)

New Mexico **Thistle**; Asteraceae

Navajo, Ramah Drug (Veterinary Aid)

Cold infusion of root used as a wash for livestock with eye diseases.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

[Cirsium neomexicanum Gray](#)

New Mexico **Thistle**; Asteraceae

Yavapai Food (Unspecified)

Raw, peeled stems used for food.

Gifford, E. W. 1936 Northeastern and Western Yavapai. University of California Publications in American Archaeology and Ethnology 34:247-345 (p. 256)

---

[Cirsium occidentale \(Nutt.\) Jepson](#)

Cobwebby **Thistle**; Asteraceae

Kawaiisu Food (Unspecified)

Spring stems skinned and eaten raw.

Zigmond, Maurice L. 1981 Kawaiisu Ethnobotany. Salt Lake City. University of Utah Press (p. 20)

---

[Cirsium occidentale \(Nutt.\) Jepson](#)

Cobwebby **Thistle**; Asteraceae

Tubatulabal Food (Unspecified)

Stalks used extensively for food.

Voegelin, Ermine W. 1938 Tubatulabal Ethnography. Anthropological Records 2(1):1-84 (p. 15)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Kiowa Drug (Burn Dressing)

Decoction of blossoms used as wash for burns.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Kiowa Drug (Dermatological Aid)

Decoction of blossoms used as wash for sores.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Contraceptive)

Infusion of root taken by both partners as a contraceptive.

Camazine, Scott and Robert A. Bye 1980 A Study Of The Medical Ethnobotany Of The Zuni Indians of New Mexico. Journal of Ethnopharmacology 2:365-388 (p. 374)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Diaphoretic)

Infusion of whole plant taken as a diaphoretic for syphilis.

Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Diuretic)

Infusion of whole plant taken as a diuretic for syphilis.

Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Emetic)

Infusion of whole plant taken as an emetic for syphilis.

Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Misc. Disease Remedy)

Infusion of fresh or dried root taken three times a day for diabetes.

Camazine, Scott and Robert A. Bye 1980 A Study Of The Medical Ethnobotany Of The Zuni Indians of New Mexico. Journal of Ethnopharmacology 2:365-388 (p. 374)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Venereal Aid)

Infusion of whole plant taken for syphilis.

Stevenson, Matilda Coxe 1915 Ethnobotany of the Zuni Indians. SI-BAE Annual Report #30 (p. 44, 45)

---

[Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Zuni Drug (Venereal Aid)

Infusion of whole plant taken for syphilis.

Camazine, Scott and Robert A. Bye 1980 A Study Of The Medical Ethnobotany Of The Zuni Indians of New Mexico. Journal of Ethnopharmacology 2:365-388 (p. 374)

---

### [Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Kiowa Food (Unspecified)

Roots used for food.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

### [Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Kiowa Food (Unspecified)

Roots used for food.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

### [Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Kiowa Other (Protection)

Blossoms used to cover graves of those recently buried to keep the wolves from digging up the body.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

### [Cirsium ochrocentrum Gray](#)

Yellowspine **Thistle**; Asteraceae

Kiowa Other (Protection)

Blossoms used to cover graves of those recently buried to keep the wolves from digging up the body.

Vestal, Paul A. and Richard Evans Schultes 1939 The Economic Botany of the Kiowa Indians. Cambridge MA. Botanical Museum of Harvard University (p. 58)

---

### [Cirsium pallidum Woot. & Standl.](#)

Pale **Thistle**; Asteraceae

Keres, Western Drug (Diuretic)

Roots used as a diuretic.

Swank, George R. 1932 The Ethnobotany of the Acoma and Laguna Indians. University of New Mexico, M.A. Thesis (p. 37)

---

### [Cirsium pallidum Woot. & Standl.](#)

Pale **Thistle**; Asteraceae

Apache, Chiricahua & Mescalero Food (Bread & Cake)

Seeds threshed, winnowed, ground and the flour used to make bread.

Castetter, Edward F. and M. E. Opler 1936 Ethnobiological Studies in the American Southwest III. The Ethnobiology of the Chiricahua and Mescalero Apache. University of New Mexico Bulletin 4(5):1-63 (p. 49)

---

**Cirsium pallidum Woot. & Standl.**

Pale **Thistle**; Asteraceae

Apache, Chiricahua & Mescalero Food (Unspecified)

Seeds boiled and eaten.

Castetter, Edward F. and M. E. Opler 1936 Ethnobiological Studies in the American Southwest III. The Ethnobiology of the Chiricahua and Mescalero Apache. University of New Mexico Bulletin 4(5):1-63 (p. 49)

---

**Cirsium parryi (Gray) Petrak**

Parry's **Thistle**; Asteraceae

Keres, Western Other (Unspecified)

Taxon known and named but no use was specified.

Swank, George R. 1932 The Ethnobotany of the Acoma and Laguna Indians. University of New Mexico, M.A. Thesis (p. 37)

---

**Cirsium pastoris J.T. Howell**

Snowy **Thistle**; Asteraceae

Paiute Food (Unspecified)

Stems peeled and eaten raw.

Kelly, Isabel T. 1932 Ethnography of the Surprise Valley Paiute. University of California Publications in American Archaeology and Ethnology 31(3):67-210 (p. 103)

---

**Cirsium remotifolium (Hook.) DC.**

Fewleaf **Thistle**; Asteraceae

Kwakiutl Drug (Oral Aid)

Root skins dried, soaked in water and used as a wash for mouth rashes and cankers.

Boas, Franz 1966 Kwakiutl Ethnography. Chicago. University of Chicago Press (p. 383)

---

**Cirsium remotifolium (Hook.) DC.**

Fewleaf **Thistle**; Asteraceae

Kwakiutl Drug (Oral Aid)

Infusion of root used to wipe out child's mouth for rash and cankers.

Boas, Franz 1966 Kwakiutl Ethnography. Chicago. University of Chicago Press (p. 383)

---

**Cirsium remotifolium (Hook.) DC.**

Fewleaf **Thistle**; Asteraceae



Kwakiutl Drug (Oral Aid)

Root held in mouth for rash or cankers in mouth and infusion used for children.

Boas, Franz 1966 Kwakiutl Ethnography. Chicago. University of Chicago Press (p. 383)

---

**[Cirsium remotifolium \(Hook.\) DC.](#)**

Fewleaf **Thistle**; Asteraceae

Kwakiutl Drug (Pediatric Aid)

Infusion of root used to wipe out child's mouth for rash and cankers.

Boas, Franz 1966 Kwakiutl Ethnography. Chicago. University of Chicago Press (p. 383)

---

**[Cirsium rothrockii \(Gray\) Petrak](#)**

Rothrock's **Thistle**; Asteraceae

Navajo, Kayenta Drug (Febrifuge)

Plant used for fevers caused by injuries.

Wyman, Leland C. and Stuart K. Harris 1951 The Ethnobotany of the Kayenta Navaho. Albuquerque. The University of New Mexico Press (p. 46)

---

**[Cirsium rothrockii \(Gray\) Petrak](#)**

Rothrock's **Thistle**; Asteraceae

Navajo, Kayenta Drug (Misc. Disease Remedy)

Roots used as a lotion or eaten raw for smallpox.

Wyman, Leland C. and Stuart K. Harris 1951 The Ethnobotany of the Kayenta Navaho. Albuquerque. The University of New Mexico Press (p. 46)

---

**[Cirsium rothrockii \(Gray\) Petrak](#)**

Rothrock's **Thistle**; Asteraceae

Navajo, Kayenta Drug (Panacea)

Plant used as a life medicine.

Wyman, Leland C. and Stuart K. Harris 1951 The Ethnobotany of the Kayenta Navaho. Albuquerque. The University of New Mexico Press (p. 46)

---

**[Cirsium scariosum Nutt.](#)**

Meadow **Thistle**; Asteraceae

Flathead Food (Unspecified)

Roots eaten raw or pit baked.

Hart, Jeff 1992 Montana Native Plants and Early Peoples. Helena. Montana Historical Society Press (p. 13)

---

**[Cirsium scariosum Nutt.](#)**

Meadow **Thistle**; Asteraceae

Kutenai Food (Unspecified)

Roots eaten raw or pit baked.

Hart, Jeff 1992 Montana Native Plants and Early Peoples. Helena. Montana Historical Society Press (p. 13)

---

**Cirsium scariosum Nutt.**

Meadow **Thistle**; Asteraceae

Nez Perce Food (Unspecified)

Roots eaten raw or pit baked.

Hart, Jeff 1992 Montana Native Plants and Early Peoples. Helena. Montana Historical Society Press (p. 13)

---

**Cirsium eatonii (Gray) B.L. Robins.**

Mountain **Thistle**; Asteraceae

Gosiute Drug (Dermatological Aid)

Plant used for cuts and sores.

Chamberlin, Ralph V. 1911 The Ethno-Botany of the Gosiute Indians of Utah. Memoirs of the American Anthropological Association 2(5):331-405. (p. 366)

---

**Cirsium eatonii (Gray) B.L. Robins.**

Mountain **Thistle**; Asteraceae

Gosiute Food (Unspecified)

Stems used for food.

Chamberlin, Ralph V. 1911 The Ethno-Botany of the Gosiute Indians of Utah. Memoirs of the American Anthropological Association 2(5):331-405. (p. 366)

---

**Cirsium sp.**

**Thistle**; Asteraceae

Cherokee Drug (Poultice)

Roots of various species used as poultices.

Witthoft, John 1947 An Early Cherokee Ethnobotanical Note. Journal of the Washington Academy of Sciences 37(3):73-75 (p. 74)

---

**Cirsium sp.**

**Thistle**; Asteraceae

Chippewa Drug (Analgesic)

Compound decoction of root taken for back pain.

Densmore, Frances 1928 Uses of Plants by the Chippewa Indians. SI-BAE Annual Report #44:273-379 (p. 356)

---

[Cirsium sp.](#)

**Thistle**; Asteraceae

Chippewa Drug (Gynecological Aid)

Compound decoction of root taken for "female weakness."

Densmore, Frances 1928 Uses of Plants by the Chippewa Indians. SI-BAE Annual Report #44:273-379 (p. 356)

---

[Cirsium sp.](#)

**Thistle**; Asteraceae

Chippewa Drug (Gynecological Aid)

Compound infusion of root taken to produce postpartum milk flow.

Densmore, Frances 1928 Uses of Plants by the Chippewa Indians. SI-BAE Annual Report #44:273-379 (p. 360)

---

[Cirsium sp.](#)

**Thistle**; Asteraceae

Kwakiutl Drug (Oral Aid)

Dried outer root held in the mouth for cankers and gum sores.

Turner, Nancy Chapman and Marcus A. M. Bell 1973 The Ethnobotany of the Southern Kwakiutl Indians of British Columbia. Economic Botany 27:257-310 (p. 278)

---

[Cirsium sp.](#)

**Thistle**; Asteraceae

Lummi Drug (Gynecological Aid)

Decoction of roots and tips taken by women at childbirth.

Gunther, Erna 1973 Ethnobotany of Western Washington. Seattle. University of Washington Press. Revised edition (p. 49)

---

[Cirsium sp.](#)

**Thistle**; Asteraceae

Havasupai Food (Starvation Food)

Leaves held in flames to burn the spines off and eaten by hunting parties when food was scarce.

Weber, Steven A. and P. David Seaman 1985 Havasupai Habitat: A. F. Whiting's Ethnography of a Traditional Indian Culture. Tucson. The University of Arizona Press (p. 247)

---

[Cirsium tioganum var. tioganum](#)

Tioga **Thistle**; Asteraceae

Paiute Food (Unspecified)

Roots eaten raw or roasted.

Kelly, Isabel T. 1932 Ethnography of the Surprise Valley Paiute. University of California Publications in American Archaeology and Ethnology 31(3):67-210 (p. 103)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Comanche Drug (Venereal Aid)

Decoction of root used for gonorrhea.

Carlson, Gustav G. and Volney H. Jones 1940 Some Notes on Uses of Plants by the Comanche Indians. Papers of the Michigan Academy of Science, Arts and Letters 25:517-542 (p. 521)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Navajo, Ramah Drug (Eye Medicine)

Cold infusion of root used as a wash for eye diseases.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Navajo, Ramah Drug (Panacea)

Root used as a "life medicine."

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Navajo, Ramah Drug (Panacea)

Cold infusion of plant taken when one "feels bad all over."

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Navajo, Ramah Drug (Veterinary Aid)

Cold infusion of root used as a wash for livestock with eye diseases.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 50)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Shuswap Drug (Gastrointestinal Aid)

Root used for the stomach and body.

Palmer, Gary 1975 Shuswap Indian Ethnobotany. Syesis 8:29-51 (p. 59)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Comanche Food (Unspecified)

Raw roots used for food.

Carlson, Gustav G. and Volney H. Jones 1940 Some Notes on Uses of Plants by the Comanche Indians.

Papers of the Michigan Academy of Science, Arts and Letters 25:517-542 (p. 521)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Gosiute Food (Unspecified)

Stems used for food.

Chamberlin, Ralph V. 1911 The Ethno-Botany of the Gosiute Indians of Utah. Memoirs of the American

Anthropological Association 2(5):331-405. (p. 366)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Montana Indian Food (Vegetable)

Early spring roots eaten raw or cooked with meat.

Blankinship, J. W. 1905 Native Economic Plants of Montana. Bozeman. Montana Agricultural College

Experimental Station, Bulletin 56 (p. 10)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Montana Indian Food (Vegetable)

Young, summer stalks eaten like asparagus and greens.

Blankinship, J. W. 1905 Native Economic Plants of Montana. Bozeman. Montana Agricultural College

Experimental Station, Bulletin 56 (p. 10)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Okanagon Food (Staple)

Roots used as a principle food.

Teit, James A. 1928 The Salishan Tribes of the Western Plateaus. SI-BAE Annual Report #45 (p. 238)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Shuswap Food (Unspecified)

Young roots roasted and eaten.

Palmer, Gary 1975 Shuswap Indian Ethnobotany. Syesis 8:29-51 (p. 59)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Thompson Food (Dried Food)

Dried roots rehydrated, scraped, chopped and cooked in stews.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Thompson Food (Dried Food)

Roots dried and stored for future use.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Thompson Food (Unspecified)

Fresh roots eaten cooked.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium undulatum (Nutt.) Spreng.**

Wavyleaf **Thistle**; Asteraceae

Thompson Food (Unspecified)

Root cooked and eaten.

Steedman, E.V. 1928 The Ethnobotany of the Thompson Indians of British Columbia. SI-BAE Annual Report #45:441-522 (p. 480)

---

**Cirsium undulatum var. undulatum**

Wavyleaf **Thistle**; Asteraceae

Spokane Food (Unspecified)

Roots used for food.

Teit, James A. 1928 The Salishan Tribes of the Western Plateaus. SI-BAE Annual Report #45 (p. 343)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Cherokee Drug (Analgesic)

Infusion of leaves taken for neuralgia.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Cherokee Drug (Gastrointestinal Aid)

Warm infusion of roots taken to help person who overeats.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Cherokee Drug (Poultice)

Roots used as poultice and decoction of bruised plant used to poultice sore jaw.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Delaware Drug (Antirheumatic (External))

Hot infusion of roots or twigs used as a steam treatment for muscular swellings and stiff joints.

Tantaquidgeon, Gladys 1972 Folk Medicine of the Delaware and Related Algonkian Indians. Harrisburg. Pennsylvania Historical Commission Anthropological Papers #3 (p. 36)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Delaware, Oklahoma Drug (Antirheumatic (External))

Infusion of whole plant used as herbal steam for rheumatism.

Tantaquidgeon, Gladys 1942 A Study of Delaware Indian Medicine Practice and Folk Beliefs. Harrisburg. Pennsylvania Historical Commission (p. 30, 74)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Delaware, Oklahoma Drug (Herbal Steam)

Infusion of roots or twigs used as herbal steam for rheumatism.

Tantaquidgeon, Gladys 1942 A Study of Delaware Indian Medicine Practice and Folk Beliefs. Harrisburg. Pennsylvania Historical Commission (p. 30)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Iroquois Drug (Cancer Treatment)

Plant used for cancer.

Herrick, James William 1977 Iroquois Medical Botany. State University of New York, Albany, PhD Thesis (p. 475)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Iroquois Drug (Hemorrhoid Remedy)

Decoction of whole plant taken and poultice of plant and wool applied to hemorrhoids.

Rousseau, Jacques 1945 Le Folklore Botanique De Caughnawaga. Contributions de l'Institut botanique l'Universite de Montreal 55:7-72 (p. 63)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Iroquois Drug (Hemorrhoid Remedy)

Plant used for bleeding piles.

Herrick, James William 1977 Iroquois Medical Botany. State University of New York, Albany, PhD Thesis (p. 475)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Iroquois Drug (Hemostat)

Plant used for bleeding piles.

Herrick, James William 1977 Iroquois Medical Botany. State University of New York, Albany, PhD Thesis (p. 475)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Meskwaki Drug (Adjuvant)

Root used as a seasoner for medicines.



Smith, Huron H. 1928 Ethnobotany of the Meskwaki Indians. Bulletin of the Public Museum of the City of Milwaukee 4:175-326 (p. 213)

---

**[Cirsium vulgare \(Savi\) Ten.](#)**

Bull **Thistle**; Asteraceae

Navajo Drug (Emetic)

Decoction of plant taken to induce vomiting.

Elmore, Francis H. 1944 Ethnobotany of the Navajo. Sante Fe, NM. School of American Research (p. 84)

---

**[Cirsium vulgare \(Savi\) Ten.](#)**

Bull **Thistle**; Asteraceae

Ojibwa Drug (Analgesic)

Root used by men and women for stomach cramps.

Smith, Huron H. 1932 Ethnobotany of the Ojibwe Indians. Bulletin of the Public Museum of Milwaukee 4:327-525 (p. 364)

---

**[Cirsium vulgare \(Savi\) Ten.](#)**

Bull **Thistle**; Asteraceae

Ojibwa Drug (Gastrointestinal Aid)

Root used by men and women for stomach cramps.

Smith, Huron H. 1932 Ethnobotany of the Ojibwe Indians. Bulletin of the Public Museum of Milwaukee 4:327-525 (p. 364)

---

**[Cirsium vulgare \(Savi\) Ten.](#)**

Bull **Thistle**; Asteraceae

Potawatomi Drug (Adjuvant)

Fresh flower centers chewed to mask unpleasant flavors in medicines.

Smith, Huron H. 1933 Ethnobotany of the Forest Potawatomi Indians. Bulletin of the Public Museum of the City of Milwaukee 7:1-230 (p. 51)

---

**[Cirsium vulgare \(Savi\) Ten.](#)**

Bull **Thistle**; Asteraceae

Hesquiat Food (Unspecified)

Flower heads chewed to get the nectar.

Turner, Nancy J. and Barbara S. Efrat 1982 Ethnobotany of the Hesquiat Indians of Vancouver Island. Victoria. British Columbia Provincial Museum (p. 61)

---

**[Cirsium vulgare \(Savi\) Ten.](#)**

Bull **Thistle**; Asteraceae

Thompson Food (Dried Food)

Dried roots rehydrated, scraped, chopped and cooked in stews.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Thompson Food (Dried Food)

Roots dried and stored for future use.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Thompson Food (Unspecified)

Fresh roots eaten cooked.

Turner, Nancy J., Laurence C. Thompson and M. Terry Thompson et al. 1990 Thompson Ethnobotany: Knowledge and Usage of Plants by the Thompson Indians of British Columbia. Victoria. Royal British Columbia Museum (p. 178)

---

**Cirsium vulgare (Savi) Ten.**

Bull **Thistle**; Asteraceae

Cherokee Other (Hunting & Fishing Item)

Down used as the tail for blow darts.

Hamel, Paul B. and Mary U. Chiltoskey 1975 Cherokee Plants and Their Uses -- A 400 Year History. Sylva, N.C. Herald Publishing Co. (p. 58)

---

**Opuntia tunicata (Lehm.) Link & Otto**

**Thistle** Cholla; Cactaceae

Hawaiian Drug (Laxative)

Leaf juice and roots used for constipation.

Akana, Akaiko 1922 Hawaiian Herbs of Medicinal Value. Honolulu: Pacific Book House (p. 73)

---

**Opuntia tunicata (Lehm.) Link & Otto**

**Thistle** Cholla; Cactaceae

Hawaiian Drug (Reproductive Aid)

Leaf juice and roots used by expectant mothers.

[Salsola tragus L.](#)

Prickly Russian **Thistle**; Chenopodiaceae

Keres, Western Other (Unspecified)

Taxon known and named but no use was specified.

Swank, George R. 1932 The Ethnobotany of the Acoma and Laguna Indians. University of New Mexico, M.A. Thesis (p. 68)

---

[Salsola tragus L.](#)

Prickly Russian **Thistle**; Chenopodiaceae

Navajo Drug (Dermatological Aid)

Poultice of chewed plants applied to ant, bee and wasp stings.

Elmore, Francis H. 1944 Ethnobotany of the Navajo. Sante Fe, NM. School of American Research (p. 44)

---

[Salsola tragus L.](#)

Prickly Russian **Thistle**; Chenopodiaceae

Navajo, Ramah Drug (Dermatological Aid)

Infusion of plant ashes used internally and externally for smallpox.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 25)

---

[Salsola tragus L.](#)

Prickly Russian **Thistle**; Chenopodiaceae

Navajo, Ramah Drug (Misc. Disease Remedy)

Infusion of plant ashes taken and used externally for smallpox and influenza.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 25)

---

[Salsola tragus L.](#)

Prickly Russian **Thistle**; Chenopodiaceae

Havasupai Food (Forage)

Young plants eaten by horses.

Weber, Steven A. and P. David Seaman 1985 Havasupai Habitat: A. F. Whiting's Ethnography of a Traditional Indian Culture. Tucson. The University of Arizona Press (p. 218)

---

[Salsola tragus L.](#)

Prickly Russian **Thistle**; Chenopodiaceae

Navajo Food (Unspecified)

Sprouts boiled and eaten with butter or small pieces of mutton fat.

Lynch, Regina H. 1986 Cookbook. Chinle, AZ. Navajo Curriculum Center, Rough Rock Demonstration School (p. 27)

---

**Salsola tragus L.**

Prickly Russian **Thistle**; Chenopodiaceae

Navajo Food (Unspecified)

Roasted seeds used for food.

Hocking, George M. 1956 Some Plant Materials Used Medicinally and Otherwise by the Navaho Indians in the Chaco Canyon, New Mexico. El Palacio 56:146-165 (p. 155)

---

**Salsola tragus L.**

Prickly Russian **Thistle**; Chenopodiaceae

Navajo Food (Vegetable)

Very young, raw sprouts chopped into salads.

Lynch, Regina H. 1986 Cookbook. Chinle, AZ. Navajo Curriculum Center, Rough Rock Demonstration School (p. 27)

---

**Salsola tragus L.**

Prickly Russian **Thistle**; Chenopodiaceae

Navajo, Ramah Food (Fodder)

Young plants used for sheep and horse feed.

Vestal, Paul A. 1952 The Ethnobotany of the Ramah Navaho. Papers of the Peabody Museum of American Archaeology and Ethnology 40(4):1-94 (p. 25)

---

**Salvia carduacea Benth.**

**Thistle** Sage; Lamiaceae

Cahuilla Food (Porridge)

Parched seeds ground into flour, mixed with other seeds and used to make mush.

Bean, Lowell John and Katherine Siva Saubel 1972 Temalpakh (From the Earth); Cahuilla Indian Knowledge and Usage of Plants. Banning, CA. Malki Museum Press (p. 136)

---

**Salvia carduacea Benth.**

**Thistle** Sage; Lamiaceae

Diegueno Food (Spice)

Seeds added to wheat to improve the flavor.

Hedges, Ken 1986 Santa Ysabel Ethnobotany. San Diego Museum of Man Ethnic Technology Notes, No. 20 (p. 41)

---

**Salvia carduacea Benth.**

**Thistle** Sage; Lamiaceae

Luiseno Food (Unspecified)

Seeds used for food.

Sparkman, Philip S. 1908 The Culture of the Luiseno Indians. University of California Publications in American Archaeology and Ethnology 8(4):187-234 (p. 229)

---

**Salvia carduacea Benth.**

**Thistle** Sage; Lamiaceae

Tubatulabal Food (Unspecified)

Seeds used extensively for food.

Voegelin, Ermine W. 1938 Tubatulabal Ethnography. Anthropological Records 2(1):1-84 (p. 15)

---